

# The Captain's Table

## ALLERGENS

**Please Mention Any Allergies or Dietary Requirements To Your Server**

## STARTERS

### Appetisers

Warm Focaccia (2 slices) \_\_\_\_\_ £4.45

With olive oil and balsamic vinegar

Mixed olives \_\_\_\_\_ £4.45

Crusty Bread Served With Truffle Butter \_\_\_\_\_ £4.45

### Starters

Soup Of The Day \_\_\_\_\_ £7.45

Chicken Liver Parfait \_\_\_\_\_ £9.45

Served with Brioche, Red Onion Marmalade and Truffle Butter

Pan Fried Scallops \_\_\_\_\_ £9.95

Served with Charred Leeks, Pea Puree and Butter Sauce

Mediterranean Vegetable Tart (V) \_\_\_\_\_ £7.45

Served with Green Pesto

Cheese Souffle Salad (V) \_\_\_\_\_ £8.25

With a Green Salad

**Pick Any 3 Starters for £25.85**

### Sides

Triple Cooked Chips \_\_\_\_\_ £3.85

Seasonal Vegetables \_\_\_\_\_ £3.85

Mixed Salad \_\_\_\_\_ £3.85

For Groups Of 10 Or More People There Is  
An Additional 10% Gratuity Fee

## MAINS

Bransbury Park Bangers and Mash \_\_\_\_\_ £21.45

Served with Onion Gravy and Seasonal Vegetables

Confit Duck Leg \_\_\_\_\_ £24.45

Served with Red Wine Jus, Dauphinoise Potatoes and Seasonal Vegetables

Chicken Supreme \_\_\_\_\_ £23.45

Served in a Romero Sauce, with New Potatoes, Sauteed Peppers and Onions

Pan Fried Salmon \_\_\_\_\_ £23.45

Served with a Butter Sauce, Pak Choi and Fondant Potatoes

Beef Bourguignon \_\_\_\_\_ £23.45

Served With Mashed Potatoes and Seasonal Vegetables.

Isle Of Wight Ribeye (8oz) \_\_\_\_\_ £29.15

Served with Triple Cooked Chips, Peppercorn Sauce, Mushroom & Roasted Tomato, Tender Steam Broccoli

Traditional Fish and Chips \_\_\_\_\_ £21.45

Traditional Battered Cod, Triple Cooked Chips, Mushy or Garden peas and Tartare Sauce

The Keppel's Head Beef Burger \_\_\_\_\_ £20.35

Served with Triple Cooked Chips, Cheddar Cheese, Tomato Chutney, Baby Gem Lettuce, Gherkin and Roasted Garlic Mayo

Add Bacon £1.65

Add Onion Rings £1.65

Lemon & Tahini Cauliflower Steak (V) \_\_\_\_\_ £21.45

Sauteed spinach, pine nuts, raisin with crushed new potatoes & seasonal vegetables

Steak supplement £6.60

Items Marked with a (V) are Vegetarian.

Please Ask Your Server for Information about Vegan Dishes

We Use GMO Oil From Soya

## DESSERTS

Baked Chocolate Cheesecake \_\_\_\_\_ £7.45

Served with Winter Berry Sorbet & White Chocolate Crumb

Spiced Apple and Berry Crumble \_\_\_\_\_ £7.45

Served with Vanilla Ice Cream OR Custard

Coffee Brulee \_\_\_\_\_ £7.45

Served With Homemade Shortbread

British and European Cheeseboard \_\_\_\_\_ £9.45

Served with Crackers and Homemade Chutney

Ice Cream or Sorbet 2 Scoops \_\_\_\_\_ £6.45

(Various Flavours - Ask Your Server for Options)

### Offers

**2 Course Lunch £26.95**

**3 Course Lunch £30.80**

**2 Course Dinner £30.25**

**3 Course Dinner £35.75**

### Opening Hours

**Breakfast 07.30am-10.30am Mon-Fri**

**Sat, Sun and bank holidays 8am-10.30am**

**Lunch 12pm-3pm Mon-Sat**

**Dinner 6pm-9pm Mon-Sat**

**12pm-9pm Sunday**

**Open to the public**

**Last orders 8:45pm**

# Sunday Roast

## ALLERGENS

Please Mention Any Allergies or Dietary Requirements To Your Server

## STARTERS

### Appetisers

Warm Focaccia (2 slices) _____	£4.45
With olive oil and balsamic vinegar	
Mixed olives _____	£4.45
Crusty Bread Served With Truffle Butter _____	£4.45
<b>Starters</b>	
Soup Of The Day _____	£7.45
Chicken Liver Parfait _____	£9.45
Served with Brioche, Red Onion Marmalade and Truffle Butter	
Pan Fried Scallops _____	£9.95
Served with Charred Leeks, Pea Puree and Butter Sauce	
Mediterranean Vegetable Tart (V) _____	£7.45
Served with Green Pesto	
Cheese Souffle Salad (V) _____	£8.25
With a Green Salad	

**Pick Any 3 Starters for £25.85**

### Sides

Triple Cooked Chips _____	£3.85
Seasonal Vegetables _____	£3.85
Mixed Salad _____	£3.85

For Groups Of 10 Or More People There Is  
An Additional 10% Gratuity Fee

## MAINS

Lemon, Thyme Roast Chicken Breast (C) _____	£21.45
Roast Topside Of Beef (C) _____	£21.45
Slow Roasted Pork Belly _____	£21.45
Nut Roast (V) _____	£18.45
Traditional Fish and Chips _____	£21.45
Traditional Battered Cod, Triple Cooked Chips, Mushy or Garden peas and Tartare Sauce	
The Keppel's Head Beef Burger _____	£20.35
Served with Triple Cooked Chips, Cheddar Cheese, Tomato Chutney, Baby Gem Lettuce, Gherkin and Roasted Garlic Mayo	
Add Bacon £1.65	
Add Onion Rings £1.65	

**All Roasts Are Served with Seasonal Vegetables  
Roast Potatoes, Cauliflower Cheese, Yorkshire  
Pudding & Gravy**

## OFFERS

2 Course	£27.50
3 Course	£32.45
Kids Roast (Marked C )	£10.95
Kids Roast Followed By Ice-Cream	
	£13.75

## DESSERTS

Baked Chocolate Cheesecake _____	£7.45
Served with Winter Berry Sorbet & White Chocolate Crumb	
Spiced Apple and Berry Crumble _____	£7.45
Served with Vanilla Ice Cream OR Custard	
Coffee Brulee _____	£7.45
Served With Homemade Shortbread	
British and European Cheeseboard _____	£9.45
Served with Crackers and Homemade Chutney	
Ice Cream or Sorbet 2 Scoops _____	£6.45
(Various Flavours - Ask Your Server for Options)	

Items marked with a (V) are vegetarian, please  
ask your server for information about our  
Vegan dishes.

### Opening Hours

**Breakfast 07.30am-10.30am Mon-Fri**  
**Sat, Sun and bank holidays 8am-10.30am**  
**Brunch 11am-12.30pm Mon-Sun**  
**Lunch 12pm-3pm Mon-Sat**  
**Dinner 6pm-9pm Mon-Sat**  
**12pm-9pm Sunday**  
**Open to the public**

**Last orders 8:45pm**