

The Captain's Table

ALLERGENS

Please Mention Any Allergies or Dietary Requirements To Your Server

STARTERS

Appetisers

Warm Focaccia (2 slices) _____ £3.95
With olive oil and balsamic vinegar

Mixed olives _____ £3.75

Crusty Bread Served With Truffle Butter _____ £3.95

Starters

Soup Of The Day _____ £6.95

Chicken Liver Parfait _____ £8.95
Served with Brioche, Red Onion Marmalade and Truffle Butter

Pan Fried Scallops _____ £8.95
Served with Charred Leeks, Pea Puree and Butter Sauce

Mediterranean Vegetable Tart (V) _____ £6.95
Served with Green Pesto

Cheese Souffle Salad (V) _____ £7.50
With a Green Salad

Pick Any 3 Starters for £23.50

Sides

Triple Cooked Chips _____ £3.50

Seasonal Vegetables _____ £3.50

Mixed Salad _____ £3.50

For Groups Of 10 Or More People There Is
An Additional 10% Gratuity Fee

MAINS

Bransbury Park Bangers and Mash _____ £19.50
Served with Onion Gravy and Seasonal Vegetables

Confit Duck Leg _____ £21.95
Served with Red Wine Jus, Dauphinoise Potatoes and Seasonal Vegetables

Chicken Supreme _____ £20.95
Served in a Romero Sauce, with New Potatoes, Sauteed Peppers and Onions

Pan Fried Salmon _____ £20.95
Served with a Butter Sauce, Pak Choi and Fondant Potatoes

Beef Bourguignon _____ £20.95
Served With Mashed Potatoes and Seasonal Vegetables.

Isle Of Wight Ribeye (8oz) _____ £26.50
Served with Triple Cooked Chips, Peppercorn Sauce, Mushroom & Roasted Tomato, Tender Steam Broccoli

Traditional Fish and Chips _____ £19.50
Traditional Battered Cod, Triple Cooked Chips, Mushy or Garden peas and Tartare Sauce

The Keppel's Head Beef Burger _____ £18.50
Served with Triple Cooked Chips, Cheddar Cheese, Tomato Chutney, Baby Gem Lettuce, Gherkin and Roasted Garlic Mayo
Add Bacon £1.50
Add Onion Rings £1.50

Lemon & Tahini Cauliflower Steak (V) _____ £19.50
Sauteed spinach, pine nuts, raisin with crushed new potatoes & seasonal vegetables

Steak supplement £6.00

Items Marked with a (V) are Vegetarian.

Please Ask Your Server for Information about Vegan Dishes

We Use GMO Oil From Soya

DESSERTS

Baked Chocolate Cheesecake _____ £6.95
Served with Winter Berry Sorbet & White Chocolate Crumb

Spiced Apple and Berry Crumble _____ £6.95
Served with Vanilla Ice Cream OR Custard

Coffee Brulee _____ £6.95
Served With Homemade Shortbread

British and European Cheeseboard _____ £8.95
Served with Crackers and Homemade Chutney

Ice Cream or Sorbet 2 Scoops _____ £5.95
(Various Flavours - Ask Your Server for Options)

Offers

2 Course Lunch £24.50

3 Course Lunch £28.00

2 Course Dinner £27.50

3 Course Dinner £32.50

Opening Hours

Breakfast 07.30am-10.30am Mon-Fri
Sat, Sun and bank holidays 8am-10.30am

Lunch 12pm-3pm Mon-Sat

Dinner 6pm-9pm Mon-Sat

12pm-9pm Sunday

Open to the public

Last orders 8:45pm

KEPPEL'S HEAD HOTEL

Sunday Roast

ALLERGENS

Please Mention Any Allergies or Dietary Requirements To Your Server

STARTERS

Appetisers

Warm Focaccia (2 slices)	£3.95
With olive oil and balsamic vinegar	
Mixed olives	£3.75
Crusty Bread Served With Truffle Butter	£3.95
Starters	
Soup Of The Day	£6.95
Chicken Liver Parfait	£8.95
Served with Brioche, Red Onion Marmalade and Truffle Butter	
Pan Fried Scallops	£8.95
Served with Charred Leeks, Pea Puree and Butter Sauce	
Mediterranean Vegetable Tart (V)	£6.95
Served with Green Pesto	
Cheese Souffle Salad (V)	£7.50
With a Green Salad	

Pick Any 3 Starters for £23.50

Sides

Triple Cooked Chips	£3.50
Seasonal Vegetables	£3.50
Mixed Salad	£3.50

MAINS

Lemon, Thyme Roast Chicken Breast (C)	£19.95
Roast Topside Of Beef (C)	£19.95
Slow Roasted Pork Belly	£19.95
Nut Roast (V)	£16.95
Traditional Fish and Chips	£19.50
Triple cooked chips, Battered Cod, Mushy peas & Tartare Sauce	
The Keppel's Head Beef Burger	£19.50
Served with Triple Cooked Chips, Cheddar Cheese, Tomato Chutney, Baby Gem Lettuce, Gherkin and Roasted Garlic Mayo	
Add Bacon	£1.50
Add Onion Rings	£1.50

**All Roasts Are Served with Seasonal Vegetables
Roast Potatoes, Cauliflower Cheese, Yorkshire
Pudding & Gravy**

OFFERS

2 Course	£25.00
3 Course	£29.50
Kids Roast (Marked C)	£9.50
Kids Roast Followed By Ice-Cream	£12.50

DESSERTS

Baked Chocolate Cheesecake	£6.95
Served with Winter Berry Sorbet & White Chocolate Crumb	
Spiced Apple and Berry Crumble	£6.95
Served with Vanilla Ice Cream OR Custard	
Coffee Brulée	£6.95
Served With Homemade Shortbread	
British and European Cheeseboard	£8.95
Served with Crackers and Homemade Chutney	
Ice Cream or Sorbet 2 Scoops	£5.95
(Various Flavours - Ask Your Server for Options)	

Items marked with a (V) are vegetarian, please ask your server for information about our Vegan dishes.

Opening Hours

Breakfast 07.30am-10.30am Mon-Fri
Sat, Sun and bank holidays 8am-10.30am
Brunch 11am-12.30pm Mon-Sun
Lunch 12pm-3pm Mon-Sat
Dinner 6pm-9pm Mon-Sat
12pm-9pm Sunday
Open to the public

Last orders 8:45pm

For Groups Of 10 Or More People There Is
An Additional 10% Gratuity Fee

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The Keppels Head Hotel



Kids Bento Box

All Served with steamed rice & Edamame Beans

Choose one from below

Grilled Chicken Thigh with Teriyaki Sauce,
Grilled salmon with teriyaki sauce.

Curry Chicken Don

Deep fried chicken cutlet in breadcrumbs with
Japanese curry

Or

Ramen

(Soup noodle - choose from one below)

Chicken Teriyaki Ramen

House Tonkatsu (pork)

All our children's meals include
choice of fruit shoot
and 1 Scoop Of ice cream

£9.95

Age 2years - 12years



Seasonal Menu

Starter

Cucumber, Carrot & Hummus

Main

Keppels Head 5oz Burger
served with hand cut chips & peas

Bransbury Pork Sausages
served with mash, peas & gravy

Chicken Goujons
served with hand cut chips & peas

Fish Fingers
served with hand cut chips & peas

Pasta served with cheese