

The Captain's Table

ALLERGENS

Please Mention Any Allergies or Dietary Requirements To Your Server

STARTERS

Appetisers

Warm Focaccia (2 slices) _____ £3.95
with olive oil and balsamic vinegar

Mixed olives _____ £3.75

Crusty Bread Served With Truffle Butter _____ £3.95

Starters

Soup Of The Day _____ £6.95

Pan Fried Scallops _____ £8.95
Served with Cauliflower Puree, Smoked Pancetta Lardons

Ham Hock Terrine _____ £8.95
Served with Pickles, Apricot Jam and Toasted Sourdough

Tomato & Basil bruschetta (V) _____ £6.95
Roasted Tomatoes, Onions, Garlic & Basil on Toasted Sourdough

Warm Goat's Cheese Salad (V) _____ £7.50
Served with Pickled Wild Mushrooms and Basil Oil

Pick Any 3 Starters for £23.50

Sides

Triple Cooked Chips _____ £3.50

Seasonal Vegetables _____ £3.50

Mixed Salad _____ £3.50

MAINS

Pan Fried Sea Bass _____ £21.95
Served with Charred Leeks, Pea & Mint Puree, Roasted New Potatoes, Beurre Blanc & Green Oil

Confit Duck Leg _____ £21.95
Served with Redcurrant Jus, Dauphinoise Potatoes and Seasonal Vegetables

Pancetta Wrapped Chicken Supreme _____ £20.95
Served with Wild Mushroom Risotto, Chicken Jus and Seasonal Vegetables.

Slow Roasted Pork Belly _____ £20.95
Served with Dauphinoise Potatoes, Apple & Cider Sauce.

Chestnut Mushroom Bourginon (V) _____ £16.95
Served With Mashed Potatoes and Seasonal Vegetables.

Isle Of White Ribeye (8oz) _____ £26.50
Served with Triple Cooked Chips, Peppercorn Sauce, Mushroom & Roasted Tomato, Tender Steam Broccoli

Traditional Fish and Chips _____ £19.50
Traditional Battered Cod, Triple Cooked Chips, Mushy or Garden peas and Tartare Sauce

The Keppel's Head Beef Burger _____ £18.50
Served with Triple Cooked Chips, Cheddar Cheese, Tomato Chutney, Baby Gem Lettuce, Gherkin and Roasted Garlic Mayo
Add Bacon £1.50
Add Onion Rings £1.50

Nelson Sea Burger _____ £19.00
Tomato, Tartar Sauce, Baby Gem, Onion Rings & Triple Cooked Chips

Steak supplement £6.00

Items Marked with a (V) are Vegetarian.

Please Ask Your Server for Information about Vegan Dishes

DESSERTS

Fresh Fruit Tart _____ £6.95
Served with Whipped Vanilla and Lemon Ganache

Berry and Apple Crumble _____ £6.95
Served with Vanilla Ice Cream OR Custard

Dark Chocolate & Coconut Brownie _____ £6.95
Served with Coconut Ice Cream and White Chocolate Sauce

Madagascan Vanilla Brulee _____ £6.95
Served With Homemade Shortbread

British and European Cheeseboard _____ £8.95
Served with Crackers and Homemade Chutney

Offers

2 Course Lunch £24.50

3 Course Lunch £28.00

2 Course Dinner £27.50

3 Course Dinner £32.50

Opening Hours

Breakfast 07.30am-10.30am Mon-Fri
Sat, Sun and bank holidays 8am-10.30am

Lunch 12pm-3pm Mon-Sat

Dinner 6pm-9pm Mon-Sat

12pm-9pm Sunday

Open to the public

Last orders 8:45pm

For Groups Of 10 Or More People There Is
An Additional 10% Gratuity Fee

Sunday Roast

ALLERGENS

Please Mention Any Allergies or Dietary Requirements To Your Server

STARTERS

Appetisers

Warm Focaccia (2 slices) _____ £3.95
with olive oil and balsamic vinegar

Mixed olives _____ £3.75

Crusty Bread Served With Truffle Butter _____ £3.95

Starters

Soup Of The Day _____ £6.95

Pan Fried Scallops _____ £8.95
Served with Cauliflower Puree, Smoked Pancetta Lardons

Ham Hock Terrine _____ £8.95
Served with Pickles, Apricot Jam and Toasted Sourdough

Tomato & Basil Bruschetta (V) _____ £6.95
Roasted Tomatoes, Onions, Garlic & Basil on Toasted Sourdough

Warm Goat's Cheese Salad (V) _____ £7.50
Served with Pickled Wild Mushrooms and Basil Oil

Pick Any 3 Starters for £23.50

Sides

Triple Cooked Chips _____ £3.50

Seasonal Vegetables _____ £3.50

Mixed Salad _____ £3.50

MAINS

Lemon, Thyme Roast Chicken Breast (C) _____ £19.95

Roast Topside Of Beef (C) _____ £19.95

Slow Roasted Pork Belly _____ £19.95

Nut Roast (V) _____ £16.95

Traditional Fish and Chips _____ £19.50
Triple cooked chips, Battered Cod, Mushy peas & Tartare Sauce

The Keppel's Head Beef Burger _____ £19.50
Served with Triple Cooked Chips, Cheddar Cheese, Tomato Chutney, Baby Gem Lettuce, Gherkin and Roasted Garlic Mayo
Add Bacon _____ £1.50 Add Onion Rings _____ £1.50

Nelson Sea Burger _____ £19.50
Tomato, Roasted Red Onion, Siracha Mayo or Tartar Sauce, Baby Gem, Onion Rings & Triple Cooked Chips. (contains shellfish)

**All Roasts Are Served with Seasonal Vegetables
Roast Potatoes, Cauliflower Cheese, Yorkshire Pudding & Gravy**

OFFERS

2 Course £25.00

3 Course £29.50

Kids Roast (Marked C) £9.50

Kids Roast Followed By Ice-Cream
£12.50

DESSERTS

Fresh Fruit Tart _____ £6.95
Served with Whipped Vanilla and Lemon Ganache

Berry and Apple Crumble _____ £6.95
Served with Vanilla Ice Cream OR Custard

Dark Chocolate & Coconut Brownie _____ £6.95
Served with Coconut Ice Cream and White Chocolate Sauce

Madagascan Vanilla Brulee _____ £6.95
Served With Homemade Shortbread

British and European Cheeseboard _____ £8.95
Served with Crackers and Homemade Chutney

Items marked with a (V) are vegetarian, please ask your server for information about our Vegan dishes.

Opening Hours

Breakfast 07.30am-10.30am Mon-Fri
Sat, Sun and bank holidays 8am-10.30am

Brunch 11am-12.30pm Mon-Sun

Lunch 12pm-3pm Mon-Sat

Dinner 6pm-9pm Mon-Sat

12pm-9pm Sunday

Open to the public

Last orders 8:45pm

For Groups Of 10 Or More People There Is
An Additional 10% Gratuity Fee



The Keppels Head Hotel



Kids Bento Box

All Served with steamed rice & Edamame Beans

Choose one from below

Grilled Chicken Thigh with Teriyaki Sauce,
Grilled salmon with teriyaki sauce.

Curry Chicken Don

Deep fried chicken cutlet in breadcrumbs with
Japanese curry

Or

Ramen

(Soup noodle - choose from one below)

Chicken Teriyaki Ramen

House Tonkatsu (pork)

All our children's meals include
choice of fruit shoot
and 1 Scoop Of ice cream

£9.95

Age 2years - 12years



Seasonal Menu

Starter

Cucumber, Carrot & Hummus

Main

Keppels Head 5oz Burger
served with hand cut chips & peas

Bransbury Pork Sausages
served with mash, peas & gravy

Chicken Goujons
served with hand cut chips & peas

Fish Fingers
served with hand cut chips & peas

Pasta served with cheese