



**KEPPEL'S  
HEAD HOTEL**

# **Captain's Table Restaurant Lunch menu**

## **Appetizers**

<b>Marinated Queen Olives</b>	<b>£2.00</b>
<b>Warm Focaccia Olive Oil and Balsamic</b>	

## **Starters**

<b>Homemade Soup of the day with Toasted Sourdough</b>	<b>£5.00</b>
<b>Pork, Apricot and Pistachio Terrine</b>	<b>£6.00</b>
Guinness and Apple Chutney, Grilled Baguette	
<b>Thai Salmon Fishcakes</b>	<b>£6.50</b>
Sesame and Soy Dipping Sauce	
<b>Balsamic Roasted Red Onion Tart</b>	<b>£6.00</b>
Sun Blush Tomatoes and Grilled Goats Cheese	
<b>Cajun Fried Seafood, Octopus, Squid and Prawns</b>	<b>£7.00</b>
Confit Tomato, Yellow Pepper and Coconut Puree, Samphire	

**2 Course Dinner £12.50**

**3 Course Dinner £16.00**

**Supplements**

**£4.00 6oz Steak**

**£8.00 8oz Steak**

**Please Inform Your Server Of Any Allergies**

# Captain's Table Restaurant Lunch Menu

## Mains

### **Pan Fried Isle of Wight Rib Eye**

Buttermilk Onion Rings and Smokey Roast Tomatoes  
( Add Green Peppercorn Sauce £1.50 )

**£16.50** 6oz  
**£18.50** 8oz

### **Honey Glazed Confit Duck Leg**

Sweet Potato Dauphinoise, Sesame Pak Choi, Celeriac Puree With Port And Cherry

**£13.00**

### **Keppel's Head 8oz Burger**

(Chilli Beef/Plain/Vegetarian)

Served in a Brioche Bun with Lettuce, Tomato, Mayo,  
Chilli or Plain Cheese  
With Triple Cooked Chips  
( No Bun Option Available, With Extra Salad )

**£10.50**

### **Beer Battered Cod**

Triple Cooked Chips, Mushy Peas and Tartare Sauce

**£ 12.50**

### **Butternut Squash Risotto**

With Fried Kale, Pine Nuts and Chilli

**£10.50**

### **Pan-fried Chicken In Serrano Ham**

Hasselback New Potatoes, Creamed Mushroom and Tarragon, Crispy Skin,  
Pickled Mushrooms With Truffle Oil.

**£13.00**

## **All Served With Seasonal Vegetables**

### **Belgian Chocolate Fondant**

Homemade Vanilla Ice-cream and Mixed Berries  
(Please Allow 15mins for this dessert)

## **Desserts**

**£5.00**

### **Fig and Honey Crème Brûlée**

Served with Orange Shortbread

**£5.00**

### **Homemade Ice Cream or Isle of Wight Sorbet**

Served with a Tuile Wafer

**£5.00**

### **British and European Cheese Selection**

Chutney and Crackers

**£7.00**